

# SUCCESS IN THE EXPRESS LANE



## 3 EASY WEEKNIGHT MEALS IN 15 ITEMS OR LESS

Our Express Lane Meal Plans & Shopping Lists help make your meal planning and shopping a little easier. With 15 simple ingredients, you can make three yummy Perdue recipes. Just check off each item as you shop!



**Super Easy Fajitas**



**Balsamic Honey Chicken**



**Southern Chicken Salad with Strawberries**

## SHOPPING LIST

### PERDUE® CHICKEN

- 1 bag PERDUE® SHORT CUTS® Carved Chicken Breast, Original Roasted (26 oz.)
- 1 package PERDUE® PERFECT PORTIONS® Boneless Skinless Chicken Breast



### PRODUCE

- 1 Red Bell Pepper
- 1 Green Bell Pepper
- 1 Onion
- 1 bag Romaine Lettuce
- 1 pint Fresh Strawberries
- 1 head Garlic

### DAIRY

- 1 package Shredded Cheddar or Monterey Jack Cheese
- 1/2 cup Blue Cheese

### MISCELLANEOUS

- 1 jar Salsa
- 1 package 8-inch Tortillas
- 1/2 cup Sliced Almonds
- 1 jar or package Fajita Spice Blend
- 1 container Chicken Stock

### PANTRY STAPLES

- Olive Oil
- Balsamic Vinegar
- Salt
- Black Pepper
- Honey

### QUICK TIPS

- Use SHORT CUTS® chicken for your Southern Chicken Salad and Super Easy Fajitas
- Make your own easy Balsamic Dressing. Whisk together Balsamic, Olive Oil, Salt and Pepper.
- Saute the PERFECT PORTIONS® chicken breasts for your Balsamic Honey Chicken

Get these recipes and more at [PERDUE®.com](http://PERDUE.com)