

SUCCESS IN THE EXPRESS LANE



3 EASY APPETIZERS & SIDES IN 15 ITEMS OR LESS

Our Express Lane Meal Plans & Shopping Lists help make your meal planning and shopping a little easier. With 15 simple ingredients, you can make three yummy Perdue recipes. Just check off each item as you shop!



Lemon Chicken Pasta with Green Beans



Spinach Artichoke Chicken Swirls



Chicken Marinara Pita Pizzas

SHOPPING LIST

PERDUE® CHICKEN

- 1 bag PERDUE® SHORT CUTS® Carved Chicken Breast, Grilled Italian Style (9 oz.)
- 1 package PERDUE® FIT & EASY® Boneless Skinless Chicken Breast



MISCELLANEOUS

- 1 container Spinach Dip
- 1 can Artichoke Hearts
- 1 box Frozen Puff Pastry
- 4 (6-inch) Pita Pocket Breads
- 1 can Pizza Sauce
- 1 box Orecchiette Pasta

PRODUCE

- 1 Small Red Bell Pepper
- 1 head Garlic
- 1/2 pound Green Beans
- 1 1/2 pounds Heirloom Tomatoes
- 1/2 cup Fresh Basil Leaves
- 1 Lemon

DAIRY

- 8 oz. Mozzarella

PANTRY STAPLES

- Olive Oil
- Salt
- Black Pepper

QUICK TIPS

- Grill a package of FIT & EASY® chicken breasts
- Slice 2 FIT & EASY® chicken breasts for your Lemon Chicken Pasta and shred 1 breast for your Spinach Artichoke Swirls
- Use Italian Style SHORT CUTS® chicken for your Pita Pizzas

Get these recipes and more at [PERDUE®.com](http://PERDUE.com)