

SUCCESS IN THE EXPRESS LANE



3 EASY WEEKNIGHT MEALS IN 15 ITEMS OR LESS

Our Express Lane Meal Plans & Shopping Lists help make your meal planning and shopping a little easier. With 15 simple ingredients, you can make three yummy Perdue recipes. Just check off each item as you shop!



Southwest Chicken Quinoa Salad



BBQ Chicken Empanadas



Quick and Easy Chicken Piccata

SHOPPING LIST

PERDUE® CHICKEN

- 1 bag PERDUE® SHORT CUTS® Carved Chicken Breast, Original Roasted (26 oz.)
- 1 package PERDUE® FIT & EASY® Boneless Skinless Chicken Breast



PRODUCE

- 2 Lemons
- 1 bunch Fresh Parsley
- 1 bunch Green Onions
- 1 Jalapeno Pepper
- 1 Small Red Bell Pepper

DAIRY

- 1 stick Unsalted Butter
- 1 (16.3 oz.) can Jumbo Refrigerated Biscuits

MISCELLANEOUS

- 1 (32 oz.) container Chicken Stock
- 1 small jar Brined Capers
- 1 small bottle BBQ Sauce
- 1 cup Quinoa

PANTRY STAPLES

- Olive Oil
- Salt
- Black Pepper
- Flour
- 1 Egg
- White Wine

QUICK TIP

- Buy the 26 oz. Family Sized bag of SHORT CUTS® chicken and use it for both the Southwest Chicken Quinoa Salad and the BBQ Chicken Empanadas

Get these recipes and more at PERDUE.com